

food Basics

CANADIAN AND PROUD

ALWAYS MORE FOR LESS

WOWZA!

IRRESISTIBLES
PRIME RIB BEEF,
AL SAFA HALAL BEEF
OR ZABIHA HALAL
CHICKEN BURGERS
800 G • 1.15 KG FROZEN
SELECTED VARIETIES
WHILE QUANTITIES LAST

\$
WOWZA!
9.98
EACH



\$



FRESH
BONE-IN PORK
COMBINATION CHOPS
INCLUDING CENTRE CUT CHOPS
4.37/KG

\$
WOWZA!
1.98
/LB



\$
WOWZA!
1.88
EACH

DE CECCO
PASTA
454 G
AURORA
PASSATA
660 ML
SELECTED VARIETIES



\$



RACHEL'S
EXTRA LEAN
GROUND CHICKEN
454 G
WHILE QUANTITIES LAST

\$
WOWZA!
2.98
EACH



\$
WOWZA!
2.98
EACH

RUFFLES POTATO CHIPS,
DORITOS OR CHEETOS
200 - 285 G SELECTED VARIETIES

\$



XTRA SOFT BREAD
675 G
DEMPSTER'S
ENGLISH MUFFINS
OR **HOSTESS**
SNACK CAKES
145 G
SELECTED VARIETIES

\$
WOWZA!
1.94
EACH



\$
WOWZA!
3.98
EACH

ASTRO ORIGINAL YOGURT 12 x 100 G
BLACK DIAMOND NATURAL
CHEESE SLICES 220 - 240 G SELECTED VARIETIES



CHRISTIE COOKIES OR CRACKERS 150 - 200 G
CRISPERS OR BITS & BITES 145 G
MAYNARDS CANDY 150 - 154 G SELECTED VARIETIES

\$
WOWZA!
1.98
EACH



\$
WOWZA!
4.98
EACH

DR. OETKER GIUSEPPE PIZZERIA PIZZA
439 - 785 G FROZEN SELECTED VARIETIES

\$



SELECTION
BUTTER
454 G
SELECTED VARIETIES

\$
WOWZA!
4.88
EACH



\$
WOWZA!
5.98
EACH

PARLIAMENT ROZANA OR
ARJUN BASMATI RICE 3.63 KG
DIVYA FAMILY PACK NAAN OR PARATHA
1.2 - 2 KG SELECTED VARIETIES

\$



CASHMERE BATHROOM TISSUE
24 - 48'S
SPONGE TOWELS ULTRA 6'S
SCOTTIES FACIAL TISSUES 12'S
SELECTED VARIETIES

\$
WOWZA!
10.98
EACH

CHOOSE CANADIAN

LOOK FOR THE MAPLE LEAF AT SHELF

GET READY TO SAVE! GREAT PRICES START ON THURSDAY, JULY 24TH TO WEDNESDAY, JULY 30TH, 2025

Prices in this flyer available at all Brampton, Etobicoke, Mississauga, North York, Richmond Hill, Scarborough, Toronto, Thornhill, Emerald Park, Markham, Ajax, Oshawa, Courtice, Newmarket, and Pickering store locations only. To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location.



food Basics

CANADIAN AND PROUD

FIRST OF THE SEASON

WE LOVE LOCAL
Ontario



CORN
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE

12 FOR

WOWZA!
1.88

WE LOVE LOCAL
Canada

PINT



WOWZA!
1.67
EACH



B.C. BLUEBERRIES
PRODUCT OF BRITISH COLUMBIA
CANADA NO. 1 GRADE



HONEYDEW MELONS PRODUCT OF MEXICO, NO 1 GRADE
NAVEL ORANGES PRODUCT OF MOROCCO OR EGYPT, 3 LB
KIWI PRODUCT OF CHILE, 600 G

WOWZA!
2.98
EACH

BUNCH RADISHES, CILANTRO OR MINT
PRODUCT OF CANADA

WOWZA!
98¢
EACH



RED ONION
PRODUCT OF EGYPT
NO.1 GRADE
7 LB

7 LB

WOWZA!
4.88
EACH



CHOOSE CANADA

GET READY TO SAVE! GREAT PRICES START ON
Prices in this flyer available at all Brampton, Etobicoke, Mississauga, North York, Richmond Hill locations only. To view local store flyer, visit foodbasics.ca, where you can create an account (o



*We reserve the right to limit purchases to reasonable requirements. Limits or some restrictions apply - details available in store or at Foodbasics.ca. Certain prices and special offers advertised in our flyers may vary by area. To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location. Some illustrations in this flyer do not necessarily represent items on sale and are for design only. We reserve the right to correct any unintentional error that may occur in the copy or illustration. References for savings or sale prices are in comparison to our regular retail prices. Prices are effective Thursday 8 a.m. through closing Wednesday. Other exemptions may apply. "Compare at" references are in comparison to at least 1 other regular retail price. Commercial resale of our products is prohibited. Upon presentation of the Moi Rewards card, points awarded are calculated on the total amount, before taxes, and excludes the products specified in the terms and conditions of the program. Does not apply to bonus points. Available at stores participating in the Moi program. For \$3 = 1 pt; available at Metro; not available at Food Basics. Points redeemable at participating stores starting at a balance of 500 points (\$4 value). Visit moirewards.ca for terms and conditions. Moi Rewards is a trademark of Metro Inc.

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P16 P16 P16 P16

**\$15 OFF YOUR
FIRST 3 ORDERS***

PROMO CODE:
HELLO1 - HELLO2 - HELLO3



PROMO CODE:
HELLO1 - HELLO2 - HELLO3



ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES.

YOPLAIT YOP
200 mL
SELECTED VARIETIES

\$
88¢
EACH

YOPLAIT TUBES OR MINIGO YOGURT
6" x 8" SELECTED VARIETIES

\$
2.99
EACH

LIBERTÉ GREEK
YOGURT
750 G
SELECTED VARIETIES

\$
6.48
EACH

LIBERTÉ GREEK OR MÉDITERRANÉE YOGURT
4 x 100 G
500 G
SELECTED VARIETIES

\$
2.99
EACH

LIBERTÉ KÉFIR
1 L
SELECTED VARIETIES

\$
4.99
EACH

MOTT'S CLAMATO COCKTAIL
2.54 L
SELECTED VARIETIES

\$
4.49
EACH

CORONA SUNBREW ALCOHOL-FREE BEER
6 x 330 mL
SELECTED VARIETIES

\$
11.49
EACH

McCAFÉ COFFEE CAPSULES
30'S
SELECTED VARIETIES

\$
23.99
EACH

MOTT'S FRUITSATIONS APPLE SAUCE
6'S
SELECTED VARIETIES

\$
2/\$5

VAN HOUTTE COFFEE CAPSULES
30'S
SELECTED VARIETIES

\$
23.99
EACH

BEN'S ORIGINAL BISTROT EXPRESS RICE
240 - 250 G
SELECTED VARIETIES

\$
2.99
EACH

MARS CHOCOLATE BARS
SELECTED VARIETIES

\$
1.09
EACH

IAMS PROACTIVE HEALTH CAT FOOD
3.18 KG
SELECTED VARIETIES

65 points

\$
22.99
EACH

PINE-SOL ALL PURPOSE CLEANER
1.41 L
CLOXOX BLEACH
2.4 L
SELECTED VARIETIES

\$
3.99
EACH

GLAD GARBAGE BAGS
30 - 44'S
SELECTED VARIETIES

\$
11.99
EACH

BRITA WATER FILTRATION SYSTEM REFILL FILTERS
3'S
SELECTED VARIETIES

\$
20.99
EACH

ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES.
To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location.

?

WOWZA!

SCAN
N' \$WEEP

\$

YOU COULD WIN
25,000
POINTS

moi

Purchase any participating WOWZA! products each week
and scan your Moi Rewards card to be automatically entered.

\$



*NO PURCHASE NECESSARY. Contest runs July 3rd, 2025 to July 30th, 2025. Open to residents of Ontario of the age of majority at time of entry. Four (4) Prizes consisting of 25,000 MOI points valued at approximately \$200 each (ARV). Odds of winning dependent on the number of eligible entries received. Skill testing question required to claim the prize. Certain exceptions and restrictions apply. For official Rules and how to enter visit <https://www.foodbasics.ca/en/rules-and-regulations/wowza-sweep-contest>. Sponsored by Metro Ontario Inc., 5559 Dundas St. West, Etobicoke, ON M9B 1B9.

WE LOVE LOCAL



GREEN, YELLOW OR GREY ZUCCHINI
PRODUCT OF ONTARIO
HOTHOUSE TOMATOES
PRODUCT OF ONTARIO, CANADA NO 1 GRADE
4.14/KG

THIS WEEK ONLY
1.88
/LB



SWEET
ASSORTED
PEPPERS
PRODUCT OF CANADA
PKG OF 4

THIS WEEK ONLY
3.98
EACH



1LB

WHITE OR CREMINI MUSHROOMS
PRODUCT OF ONTARIO
434 G



THIS WEEK ONLY
3.98
EACH



CAULIFLOWER
PRODUCT OF CANADA
NO. 1 GRADE

THIS WEEK ONLY
2.98
EACH



RUSSET POTATOES
PRODUCT OF CANADA, NO. 1 GRADE
MINI CUCUMBERS
PRODUCT OF ONTARIO, CANADA NO. 1 GRADE



THIS WEEK ONLY
2.98
EACH



YELLOW PLUMS
PRODUCT OF ONTARIO, CANADA NO 1 GRADE 1.5 L
APRICOTS
PRODUCT OF ONTARIO, CANADA NO 1 GRADE 1 L

THIS WEEK ONLY
5.98
EACH



3 PK

30 points

THIS WEEK ONLY
3.98
EACH



FRESH
ATTITUDE SALAD
PRODUCT OF CANADA 142 G

THIS WEEK ONLY
3.77
EACH



BARTLETT
PEARS
PRODUCT OF ARGENTINA,
EXTRA FANCY GRADE
4.37/KG

THIS WEEK ONLY
1.98
/LB



JUMBO

*Northwest
Cherries*

CHERRIES
PRODUCT OF U.S.A.
NO 1 GRADE
8.77/KG

THIS WEEK ONLY
3.98
/LB



RASPBERRIES
PRODUCT OF U.S.A. OR MEXICO NO 1 GRADE 170 G
STRAWBERRIES
PRODUCT U.S.A. NO. 1 GRADE 454 G

THIS WEEK ONLY
3.98
EACH



CLEMENTINES
PRODUCT OF SOUTH AFRICA
OR ARGENTINA
2 LB
LIMES
PRODUCT OF MEXICO 1 LB



THIS WEEK ONLY
3.98
EACH



HAMI MELON
PRODUCT OF MEXICO OR U.S.A.
CANARY MELON
PRODUCT OF U.S.A.
2.82/KG

THIS WEEK ONLY
1.28
/LB



EXTRA LARGE

RED SEEDLESS
GRAPES
PRODUCT OF U.S.A., NO 1 GRADE
8.77/KG

THIS WEEK ONLY
3.98
/LB



PINEAPPLES
PRODUCT OF COSTA RICA

THIS WEEK ONLY
3.44
EACH



WHOLE
SEEDLESS
WATERMELON
PRODUCT OF U.S.A.

THIS WEEK ONLY
5.98
EACH

WHAT'S NEW



MEGA BUNCHES
BOUQUET
ASSORTED COLOURS
WHILE SUPPLIES LAST

THIS WEEK ONLY
\$12
EACH



FARMERS MARKET
BOUQUET
ASSORTED COLOURS
WHILE SUPPLIES LAST

THIS WEEK ONLY
8.88
EACH



6" KALANCHOE
ASSORTED COLOURS
WHILE SUPPLIES LAST

THIS WEEK ONLY
4.88
EACH



6" ORGANIC
BASIL
WHILE SUPPLIES LAST

THIS WEEK ONLY
6.98
EACH

ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES.

MEAT



INCLUDES
ZABIHA
HALAL



INCLUDES
HALAL

FRESH CHICKEN
DRUMSTICKS
BAGGED
INCLUDING ZABIHA HALAL
6.59/KG

THIS WEEK ONLY ^{\$}
2.99
/LB



SELECTION
FRESH PORK
SAUSAGES
FAMILY PACK
SELECTED VARIETIES
9.90/KG

THIS WEEK ONLY ^{\$}
4.49
/LB



PRIME RAISED WITHOUT
ANTIBIOTICS FRESH
BONELESS SKINLESS
FILLETS, SLICED OR
DICED CHICKEN BREAST
AIR CHILLED
24.23/KG

THIS WEEK ONLY ^{\$}
10.99
/LB



WHOLE
RAINBOW
TROUT
8.99 EA., 19.82/KG OR
SALMON
PORTIONS
FRESH
SELECTED VARIETIES
8.99 EA.

THIS WEEK ONLY ^{\$}
8.99
/LB OR
EACH



FRESH SIRLOIN
TIP STEAK
FAMILY PACK OR
ROAST
CUT FROM CANADA AA,
USDA SELECT GRADE OR HIGHER
24.23/KG

THIS WEEK ONLY ^{\$}
10.99
/LB



20
points

THIS WEEK ONLY ^{\$}
3.49
/LB



THIS WEEK ONLY ^{\$}
4.99
EACH



THIS WEEK ONLY ^{\$}
5.99
EACH



THIS WEEK ONLY ^{\$}
15.99
EACH



15
points

THIS WEEK ONLY ^{\$}
2.99
EACH



THIS WEEK ONLY ^{\$}
4.99
EACH



THIS WEEK ONLY ^{\$}
5.99
EACH



THIS WEEK ONLY ^{\$}
8.99
EACH



FONTAINE
SANTÉ
HUMMUS
237 - 290 G
SELECTED VARIETIES

THIS WEEK ONLY ^{\$}
3.49
EACH



SEASOUL
COOKED
SHRIMP OR
GOURMETA
THAI SHRIMP
COOKED 65 - 75 CT OR
RAW 31 - 40 CT
IRRESISTIBLE
DIM SUM
280 - 340 G
SELECTED VARIETIES

THIS WEEK ONLY ^{\$}
5.99
EACH



THIS WEEK ONLY ^{\$}
7.49
EACH



CATCH OF
THE DAY
FISH FILLETS
580 G - 1.14 KG
FROZEN
SELECTED VARIETIES

THIS WEEK ONLY ^{\$}
12.99
EACH

BAKERY



SELECTION
BAGELS 340 - 510 G
7" TORTILLAS 380 G
SELECTED VARIETIES

THIS WEEK ONLY ^{\$}
1.99
EACH



DEMPSTER'S WHOLE GRAIN BREAD 600 G
SIGNATURE BUNS 6 - 8'S SELECTED VARIETIES



THIS WEEK ONLY ^{\$}
2.99
EACH



IRRESISTIBLE MINI MUFFINS OR TARTS
330 - 510 G SELECTED VARIETIES

THIS WEEK ONLY ^{\$}
3.99
EACH



IRRESISTIBLE PIE
750 G - 1.14 KG
SELECTED VARIETIES

THIS WEEK ONLY ^{\$}
6.99
EACH

ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES.

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CHOOSE CANADIAN



GREEN, YELLOW OR GREY ZUCCHINI
PRODUCT OF ONTARIO
HOthouse TOMATOES
PRODUCT OF ONTARIO, CANADA NO. 1 GRADE
4.14/KG

1⁸⁸
/LB



CORN
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE

12 FOR 1⁸⁸
EACH



CAULIFLOWER
PRODUCT OF CANADA
NO. 1 GRADE

2⁹⁸
EACH



SWEET ASSORTED PEPPERS
PRODUCT OF CANADA
PKG OF 4
WHITE MUSHROOMS
PRODUCT OF ONTARIO
454 G

1 LB 3⁹⁸
EACH



ROMAINE HEARTS
PRODUCT OF CANADA

30
points

3⁹⁸
EACH



RUSSET POTATOES
PRODUCT OF CANADA, NO. 1 GRADE
MINI CUCUMBERS
PRODUCT OF ONTARIO, CANADA NO. 1 GRADE

2⁹⁸
EACH



BUTTERBALL TURKEY OR
MAPLE LODGE CHICKEN BACON
300-375 G
SELECTED VARIETIES

4⁹⁹
EACH



PRIME RAISED WITHOUT
ANTIBIOTICS FRESH BONELESS
SKINLESS FILLETS, SLICED OR
DICED CHICKEN BREAST
AIR CHILLED
24.23/KG

10⁹⁹
/LB



SCHNEIDERS OR
MAPLE LEAF BACON
375 G
SELECTED VARIETIES

5⁹⁹
EACH



SCHNEIDERS CHICKEN WINGS
615 G
FROZEN
SELECTED VARIETIES

8⁹⁹
EACH



SCHNEIDERS LUNCHMATE OR
GREENFIELD KITS OR ADULT KITS
74-120 G
SELECTED VARIETIES

15
points

2⁹⁹
EACH



FONTAINE SANTÉ HUMMUS
227-260 G
SELECTED VARIETIES

3⁴⁹
EACH



XTRA SOFT BREAD 675 G
DEMPSTER'S ENGLISH MUFFINS OR HOSTESS SNACK CAKES 6'S
SELECTED VARIETIES

1⁹⁴
EACH



DEMPSTER'S WHOLE GRAIN BREAD 600 G
SIGNATURE BUNS 6-8'S SELECTED VARIETIES

2⁹⁹
EACH

*We are currently working on updating the origin of all our products. This information comes from certification agencies, product suppliers, and other Metro partners. We cannot be held liable for any information that may prove to be inaccurate.

CHOOSE CANADIAN



SELECTION BUTTER
454 G
SELECTED VARIETIES

4⁸⁸
EACH



DR.OETKER GIUSEPPE PIZZERIA PIZZA
439 - 785 G FROZEN SELECTED VARIETIES

4⁹⁸
EACH



BLACK DIAMOND CHEESE 400 G
SHREDS 320 G
GALBANI MOZZARELLA 500 G
SELECTED VARIETIES

5⁹⁹
EACH



NESTLÉ REAL DAIRY ICE CREAM
1.5 L
NOVELTIES
4 - 10'S
SELECTED VARIETIES



5⁴⁹
EACH



NATREL LACTOSE FREE OR ORGANIC MILK 2 L
LACTANTIA PURFILTRÉ MILK 2 L
PHILADELPHIA CREAM CHEESE PRODUCT 340 G
SELECTED VARIETIES

4⁹⁹
EACH



MINUTE MAID OR
FIVE ALIVE
JUICES
3 OR 10'S
SELECTED VARIETIES

3⁴⁹
EACH



ASTRO ORIGINAL YOGURT
12 X 100 G
BLACK DIAMOND NATURAL SLICES
240 G
SELECTED VARIETIES

3⁹⁹
EACH



ESKA
SPRING
WATER
24 X 500 ML

4⁴⁹
EACH



NESTLÉ
CHOCOLATE
BARS
42 - 50 G
SELECTED VARIETIES

99¢
EACH



DARE
BEAR PAWS
COOKIES
400 G
SELECTED VARIETIES

5⁷⁹
EACH



RUFFLES POTATO CHIPS,
DORITOS OR CHEETOS
200 - 285 G
SELECTED VARIETIES

2⁹⁸
EACH



IRRESISTIBLES
SMOOTHIES
1.65 L
SELECTED VARIETIES

3⁹⁷
EACH



SELECTION
FRIES
2 KG
FROZEN
SELECTED VARIETIES

5⁴⁹
EACH



COCA-COLA OR PEPSI SOFT DRINKS
6 X 710 ML
SELECTED VARIETIES

4⁴⁹
EACH



IRRESISTIBLES
CRISPS
150 G
SELECTED VARIETIES

3⁹⁹
EACH



SELECTION
MAYONNAISE
750 - 890 ML
SELECTED VARIETIES

4⁷⁷
EACH



CASHMERE
BATHROOM TISSUE 24 - 48'S
SPONGE TOWELS ULTRA 6'S
SCOTTIES FACIAL TISSUES 12'S
SELECTED VARIETIES

10⁹⁸
EACH

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contest*
until July 30th

moi
rewards

buy two participating products
and swipe your **moi rewards** card
for a chance to win.



Selection

Irresistible

Personnelle

20
MILLION

moi points

you could win one of

10 X
500,000
points

60 X
250,000
points

details on moirewards.ca

metro

food
Basics

*No purchase required. The contest is open to residents of Ontario, Quebec and New Brunswick. To participate you need to be a member of the Moi Rewards program and be eligible for this contest. The contest begins on July 3rd, 2025 at 00:01 AM (E.T.) and ends on July 30th, 2025 at 23:59:59 (E.T.). Prizes: There are seventy (70) prizes of moi points to be won, including ten (10) prizes of 500,000 points (value of \$4,000 CAD each) and sixty (60) prizes of 250,000 points (value of \$2,000 CAD each). The total value of all prizes is \$160,000 CAD. To participate: Purchase a minimum of two (2) products from our participating private label brands in a single transaction, and present your moi card at checkout to be automatically entered. Offer valid in-store or online at participating banners (Metro, Jean Coutu, Food Basics, Super C and Brunet). The chances of winning a prize will depend on the number of valid entries received. A mathematical skill-testing question is required. Other conditions apply. Contest rules and details are available at moirewards.ca. moi rewards is a trademark of Metro Inc.

the
app-solute
best way
to save

only with  **moi**
rewards

DIGITAL DEAL

10⁹⁹
EACH

WITH COUPON

BLACK DIAMOND CHEESTRINGS*

588 G
SELECTED VARIETIES



28 PACK, UNITÉS



Black Diamond®



Black Diamond®

CHEESTRINGS®

FICELLO®

REAL CHEESE

100% VRAI FROMAGE

Marble - Marbré

500 **STEWARDSHIP** — **499** **ROCKWATER** — **PIZZA MARGHERITA** — **TRUSSARDI** — **PIZZA MARGHERITA**

50% MOISTURE
18% M.F.
18% M.G.

180% M.F.
1820 M.G.

NATIONAL MILK PRODUCERS FEDERATION
OF CANADA
CANADIAN MILK PROCESSORS ASSOCIATION
 1150 PROGRESS AVE.
 CANADIAN MILK PROCESSORS ASSOCIATION
 L4R 1B1, ONT. L1

C.M. 17-0003
 C.M. 17-0004
 C.M. 17-0005

save
\$1



Download on the
App Store

CLICK TO DOWNLOAD



GET IT ON
Google Play

While quantities last. Visit our app for details.
***Limit one per customer, per transaction.**

this week only

i earn with moi rewards

moi
rewards

i redeem and
save on what
i buy most often

redeem
500
points = **\$4**
in rewards



join today and save

Limit of one Moi Rewards bonus offer per account per day. Certain conditions apply. see moirewards.ca for conditions. Moi Rewards is a trademark of Metro Inc.



TROPHY
NUTS
200 G
SELECTED VARIETIES

25
points

LOCKED DOWN
4.99
EACH



POGO ORIGINAL OR BEEF
BREADED SAUSAGES
600 • 750 G FROZEN
SELECTED VARIETIES

50
points

THIS WEEK ONLY
9.99
EACH



SCHNEIDERS LUNCHMATE OR
GREENFIELD KITS OR ADULT KITS
74 • 120 G SELECTED VARIETIES

15
points

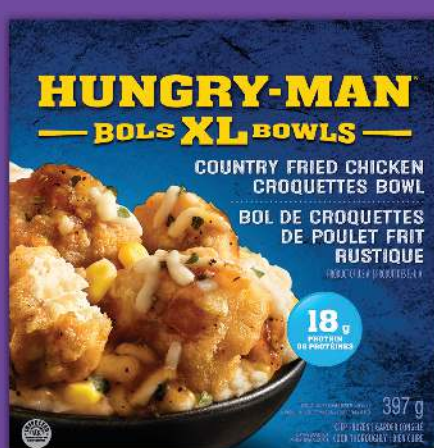
THIS WEEK ONLY
2.99
EACH



DR.OETKER GIUSEPPE
PIZZERIA EASY PIZZI
560 • 600 G FROZEN
SELECTED VARIETIES

30
points

LOCKED DOWN
5.99
EACH



HUNGRY-MAN
MEAL
369 • 397 G FROZEN
SELECTED VARIETIES

30
points

LOCKED DOWN
5.99
EACH



BEATRICE
CHOCOLATE MILK
3 L
SELECTED VARIETIES

35
points

LOCKED DOWN
6.99
EACH



GAY LEA
REAL WHIPPED CREAM
225 G
SELECTED VARIETIES

25
points

LOCKED DOWN
4.49
EACH



HABITANT OR CAMPBELL'S
READY TO SERVE SOUP
515 • 796 ML
SELECTED VARIETIES

20
points

LOCKED DOWN
3.49
EACH



RYVITA CRACKERS
250 G
SELECTED VARIETIES

20
points

LOCKED DOWN
3.99
EACH



OLD EL PASO
SALSA
XXXX G
SELECTED VARIETIES

20
points

LOCKED DOWN
3.99
EACH



AURORA
BREAD CRUMBS
227 • 680 G
SELECTED VARIETIES

20
points

LOCKED DOWN
3.49
EACH



GATORADE
POWDER STICKS
10'S
SELECTED VARIETIES

30
points

LOCKED DOWN
5.99
EACH



ALLEN'S
APPLE JUICE
1.89 L
SELECTED VARIETIES

15
points

LOCKED DOWN
2.99
EACH



FINISH RINSE AGENT
621 ML
DISHWASHER
CLEANER
3'S
SELECTED VARIETIES

50
points

LOCKED DOWN
9.99
EACH



**ALWAYS
FRESH**



**ALWAYS
GREAT
PRICES**



**ALWAYS
IN STOCK**

ALWAYS Save Every Day



**IRRESISTIBLES
SNACKS**
142 G
SELECTED VARIETIES

ALWAYS GREAT PRICE

249
EACH



**SELECTION
ENTRÉES**
215 G
FROZEN
SELECTED VARIETIES

ALWAYS GREAT PRICE

137
EACH



**SELECTION
ORIGINAL WIENERS
VALUE PACK**
900 G
SELECTED VARIETIES

ALWAYS GREAT PRICE

599
EACH



**SELECTION OR
LIFE SMART
VEGETABLE COCKTAIL**
1.89 L
SELECTED VARIETIES

ALWAYS GREAT PRICE

299
EACH

LOCKED DOWN



GAY LEA
NORDICA
COTTAGE CHEESE
500 G
4'S
SELECTED VARIETIES

LOCKED DOWN

4 49
EACH



GREEN GIANT
VEGETABLES
500 - 750 G
FROZEN
SELECTED VARIETIES

LOCKED DOWN

3 99
EACH



I CAN'T BELIEVE
IT'S NOT BUTTER!
427 G
SELECTED VARIETIES

LOCKED DOWN

2 99
EACH



VH SAUCE
341 - 380 ML
SELECTED VARIETIES

LOCKED DOWN

3 29
EACH



TROPICANA
REFRESHERS
1.36 L
SELECTED VARIETIES

LOCKED DOWN

4 49
EACH



SAPORITO
VEGETABLE,
CANOLA OR
CORN OIL
2.84 - 3 L
SELECTED VARIETIES

LOCKED DOWN

9 99
EACH



GATORADE SPORTS DRINKS
24 X 591 ML
SELECTED VARIETIES

LOCKED DOWN

21 99
EACH



PRINGLES
POTATO CHIPS
148 - 156 G
SELECTED VARIETIES

LOCKED DOWN

2 49
EACH



FRENCH'S
KETCHUP
1 L
SELECTED VARIETIES

LOCKED DOWN

3 99
EACH



DEL MONTE
CANNED
VEGETABLES
341 - 380 ML
SELECTED VARIETIES

LOCKED DOWN

1 79
EACH



DARE BEAR
PAWS
COOKIES
480 G
SELECTED VARIETIES

LOCKED DOWN

5 79
EACH



OCEAN'S
ALBACORE OR
GOLD SEAL
PINK SALMON
170 - 213 G
SELECTED VARIETIES

LOCKED DOWN

2 99
EACH



ORVILLE
REDENBACHER
POPPING
CORN
340 - 850 G
SELECTED VARIETIES

LOCKED DOWN

4 49
EACH



VAN HOUTTE
COFFEE
CAPSULES
12'S
SELECTED VARIETIES

LOCKED DOWN

12 99
EACH



CESAR
DOG FOOD
100 G
SELECTED VARIETIES

LOCKED DOWN

1 75
EACH



ONE SMART
BLEND DOG
FOOD
368 G
SELECTED VARIETIES

LOCKED DOWN

2 49
EACH



FRISKIES
CAT FOOD
170 G
SELECTED VARIETIES

LOCKED DOWN

2 49
EACH



WHISKAS
TEMPTATIONS
CAT TREATS
454 G
SELECTED VARIETIES

LOCKED DOWN

6 99
EACH

ALWAYS GREAT PRICE



IRRESISTIBLES
SMOOTHIES OR ORANGE JUICE
1.54 - 1.65 L
SELECTED VARIETIES



ALWAYS GREAT PRICE 
3.97
EACH



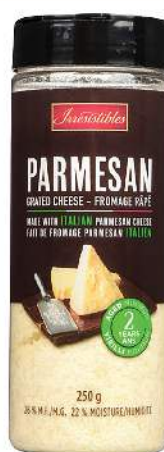
SELECTION
ENTRÉES
215 G
FROZEN
SELECTED VARIETIES

ALWAYS GREAT PRICE 
1.37
EACH



SELECTION
CREAM CHEESE
PRODUCT
340 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
3.88
EACH



SELECTION OR
IRRESISTIBLES
PARMESAN
CHEESE
250 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
6.99
EACH



LIFE SMART NATURALIA
TORTILLA CHIPS
350 G
SELECTION SALSA
430 ML
SELECTED VARIETIES



ALWAYS GREAT PRICE 
2.99
EACH



SELECTION JAM OR
LIFE SMART
NATURALIA
SPREAD
250 - 500 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4.49
EACH



SELECTION
PEANUTS
700 - 800 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4.97
EACH



SELECTION
DE-ALCOHOLIZED
BEER
12 X 355 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
8.49
EACH



SELECTION
MAYONNAISE
750 - 890 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4.77
EACH



IRRESISTIBLES CRISPS
150 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
3.99
EACH



SELECTION
SPICES
5.5 - 150 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
99¢
EACH



IRRESISTIBLES
BASIL PESTO
270 ML

ALWAYS GREAT PRICE 
3.79
EACH



SELECTION
JELLY POWDER
85 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
99¢
EACH



IRRESISTIBLE
PIZZA
1.08 - 1.13 KG
FROZEN
SELECTED VARIETIES

ALWAYS GREAT PRICE 
9.97
EACH



SELECTION
MULTI PURPOSE
CLEANER
710 - 950 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
2/\$5



IRRESISTIBLES
DOG TREATS
227 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
6.99
EACH



SELECTION
CLUMPING
CAT LITTER
18 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE 
9.99
EACH



SELECTION
BATHROOM
TISSUE
30 - 100 S

ALWAYS GREAT PRICE 
19.99
EACH

ALWAYS GREAT PRICE



iöGO NANO
DRINKABLE YOGURT
6 X 93 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
3.99
EACH



KELLOGG'S JUMBO RAISIN BRAN OR FROSTED FLAKES CEREAL
950 G - 1.01 KG
SELECTED VARIETIES



ALWAYS GREAT PRICE 
9.99
EACH



CRACKER BARREL
SHREDDED CHEESE
320 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
6.99
EACH



CAVENDISH FARMS
FRENCH FRIES
1.8 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE 
8.99
EACH



PHILADELPHIA
CREAM CHEESE
PRODUCT
450 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
7.49
EACH



NATURE VALLEY
FAMILY PACK BARS
525 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
6.99
EACH



NESTLÉ
CHOCOLATE
BARS
4'S
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4.29
EACH



KELLOGG'S EGGO WAFFLES
830 G FROZEN SELECTED VARIETIES

ALWAYS GREAT PRICE 
3.99
EACH



KRAFT
BBQ SAUCE
455 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
2.49
EACH



MISS VICKIE'S OR SUNCHIPS
POTATO
CHIPS
190 - 205 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
3.99
EACH



ANNIE'S
MACARONI & CHEESE
4 X 170 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
7.99
EACH



NUTELLA SPREAD
1 KG

ALWAYS GREAT PRICE 
10.77
EACH



STARBUCKS
NESPRESSO
COFFEE CAPSULES
10'S
SELECTED VARIETIES

ALWAYS GREAT PRICE 
8.99
EACH



KELLOGG'S
RICE KRISPIES
SQUARES
30'S, 660 G
JUMBO
POP-TARTS
24'S, 1.15 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE 
9.99
EACH

ALWAYS STIRRING UP GREAT PRICES



ACTIVIA
YOGURT
650 G
SELECTED VARIETIES

LOCKED DOWN

349
EACH



DANONE OIKOS
GREEK YOGURT
4 X 100 G
SELECTED VARIETIES

LOCKED DOWN

349
EACH



ACTIVIA
YOGURT
8 X 100 G
SELECTED VARIETIES

LOCKED DOWN

399
EACH



DANONE TWO GOOD
GREEK YOGURT
4 X 95 G
SELECTED VARIETIES

LOCKED DOWN

349
EACH



DANONE DANINO DRINKABLE YOGURT
6 X 93 ML
SELECTED VARIETIES

20
points

LOCKED DOWN

349
EACH



ACTIVIA DRINKABLE YOGURT
8 X 93 ML
SELECTED VARIETIES

LOCKED DOWN

499
EACH



IRRESISTIBLES
GREEK OR
SKYR YOGURT
750 G
SELECTED VARIETIES

ALWAYS GREAT PRICE

477
EACH



IRRESISTIBLES
GREEK OR SKYR YOGURT
4 X 100 G
SELECTED VARIETIES

ALWAYS GREAT PRICE

333
EACH



DANONE
OIKOS PROTEIN
DRINKABLE
GREEK YOGURT
300 ML
SELECTED VARIETIES

LOCKED DOWN

249
EACH



SILK PLANT BASED YOGURT
650 G
SELECTED VARIETIES

LOCKED DOWN

549
EACH

COOL TREATS FOR LESS



Irresistible

ICE CREAM BARS
CHOCOLATE BROWNIES
Chocolate ice cream bar with chewy brownie pieces in a milk chocolate coating.

ICE CREAM BARS
VANILLA
Vanilla-flavoured ice cream bar in a milk chocolate coating.

COOL TREATS FOR LESS

4.88 EACH

IRRESISTIBLE THE CREAMIEST ICE CREAM BARS 4 X 88 ML SELECTED VARIETIES



Irresistible

ICE CREAM
CHERRY

1.5 L

NOVELTIES 3-5'S

COOL TREATS FOR LESS

4.88 EACH

IRRESISTIBLE ICE CREAM 1.5 L NOVELTIES 3-5'S SELECTED VARIETIES



Irresistible

The Creamiest
MACARON ICE CREAM SANDWICHES

VANILLA ICE CREAM MACARON SANDWICHES

STRAWBERRY FLAVOURED ICE CREAM MACARON SANDWICHES

COOL TREATS FOR LESS

4.88 EACH

IRRESISTIBLE THE CREAMIEST MACARON ICE CREAM SANDWICHES 3'S SELECTED VARIETIES



Irresistible

The Creamiest
ICE CREAM BARS

VANILLA

ALMOND

COOL TREATS FOR LESS

9.88 EACH

IRRESISTIBLE THE CREAMIEST ICE CREAM BARS 10 X 72 ML SELECTED VARIETIES



Selection

TRI-COLOUR ICE CREAM CUPS

18 CUPS | 75 g

COOL TREATS FOR LESS

1.99 EACH

SELECTION ICE CREAM CUPS 18'S SELECTED VARIETIES



Selection

ICE CREAM CONES

18 CONES | 65 g

COOL TREATS FOR LESS

1.99 EACH

SELECTION ICE CREAM CONES 18'S SELECTED VARIETIES



Selection

NEAPOLITAN - NAPOLITAIN ICE MILK - LAIT GLACÉ

COOL TREATS FOR LESS

6.49 EACH

SELECTION ICE MILK 4 L SELECTED VARIETIES



Irresistible

RASPBERRY SORBET

MANGO SORBET

COOL TREATS FOR LESS

4.88 EACH

IRRESISTIBLE SORBET 946 ML SELECTED VARIETIES



Selection

TRIPLE FRUITY ICE CREAM POPS

24 POPS

Selection

VANILLA IN THE MIDDLE ICE CREAM SANDWICHES

12 SANDWICHES

COOL TREATS FOR LESS

5.00 EACH

SELECTION ICE CREAM POPS OR SANDWICHES 12 OR 24'S FROZEN SELECTED VARIETIES



Selection

Forever Fudge ICE CREAM POPS

24 BARS

Selection

VANILLA SURPRISE ICE CREAM POPS

24 X 60 ML

COOL TREATS FOR LESS

8.49 EACH

SELECTION FOREVER FUDGE OR VANILLA SURPRISE ICE POPS 24 X 60 ML SELECTED VARIETIES



Kisko Kids Freeze-It

360 ml (18 x 20 ml)

COOL TREATS FOR LESS

4/\$5

KISKO KIDS ICE POPS 18 X 20 ML SELECTED VARIETIES WHILE QUANTITIES LAST



Selection

ICE POPS

36 X 50 ML

COOL TREATS FOR LESS

4.99 EACH

SELECTION ICE POPS 36 X 50 ML SELECTED VARIETIES WHILE QUANTITIES LAST



Nestlé®



HÄAGEN-DAZS
ICE CREAM
450 ML
NOVELTIES
3 - 4'S
SELECTED VARIETIES



NESTLÉ
REAL DAIRY
ICE CREAM
1.5 L
NOVELTIES
4 - 10'S
SELECTED VARIETIES



LOCKED DOWN
549
EACH



THIS WEEK ONLY
549
EACH



NESTLÉ PARLOUR
1.5 L
NOVELTIES
6 OR 12'S
SELECTED VARIETIES



LOCKED DOWN
399
EACH



HÄAGEN-DAZS
ICE CREAM
946 ML
SELECTED VARIETIES

LOCKED DOWN
999
EACH



NESTLÉ
NESQUIK
SYRUP
510 - 700 ML
NESQUIK
POWDER MIX
540 G
SELECTED VARIETIES

LOCKED DOWN
749
EACH



NESTLÉ PARLOUR SHARE PACK ICED BARS
10 - 16'S
SELECTED VARIETIES
WHILE QUANTITIES LAST



LOCKED DOWN
999
EACH



NESTLÉ COFFEE MATE
COFFEE ENHANCER
828 - 946 ML
SELECTED VARIETIES



LOCKED DOWN
449
EACH



STARBUCKS
COFFEE ENHANCERS
828 ML
SELECTED VARIETIES



LOCKED DOWN
699
EACH



NESCAFÉ
GOLD
INSTANT
COFFEE
95 - 100 G
SWEET &
CREAMY
16 OR 19'S
SELECTED VARIETIES

LOCKED DOWN
749
EACH



SAN PELLEGRINO NATURALI OR
MOMENTI SPARKLING DRINKS
6 X 330 ML
SELECTED VARIETIES



35
points
LOCKED DOWN
699
EACH



NESTLÉ CHOCOLATE BARS
42 - 50 G SELECTED VARIETIES

LOCKED DOWN
99¢
EACH

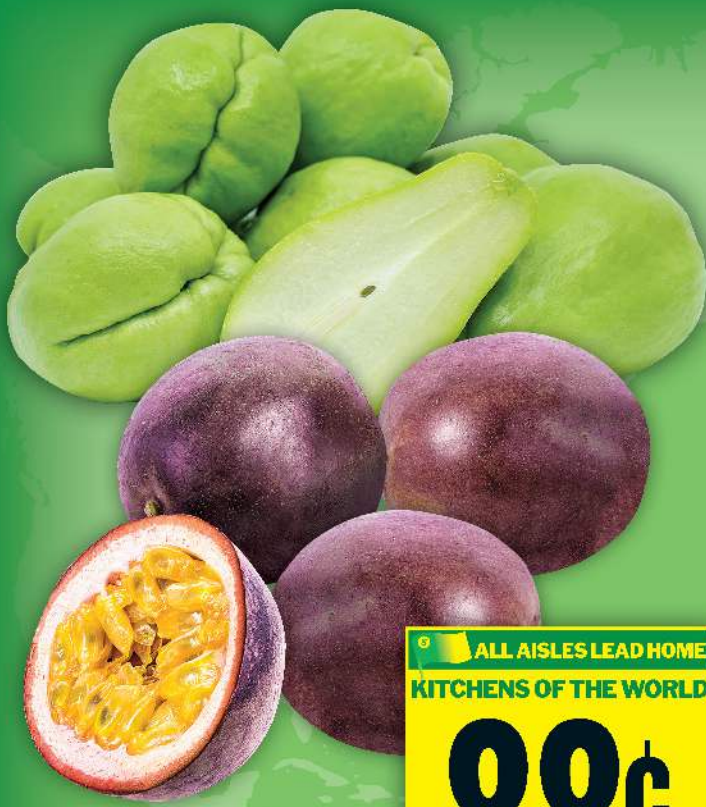


NESTLÉ
CHOCOLATE BAR
99 G
SELECTED VARIETIES

LOCKED DOWN
225
EACH

ALL AISLES LEAD HOME

KITCHENS OF THE WORLD



PASSION FRUIT
PRODUCT OF COLOMBIA
CHAYOTE
PRODUCT OF COSTA RICA

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
88¢
EACH



GREEN WATER
COCONUT
PRODUCT OF VIETNAM

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.99
EACH



FRESH
GINGER
PRODUCT OF CHINA
5.47/KG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.48
/LB



SUGAR MANGO
PRODUCT OF COLOMBIA
13.21/KG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
5.99
/LB



ZABIHA HALAL CHICKEN DRUMSTICKS
BAGGED
6.59/KG


ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.99
/LB



FRESH HALAL MEDIUM GROUND
BEEF FAMILY PACK 13.87/KG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
6.29
/LB



CHELSEA FISH BITS
400 G

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
3.99
EACH



CASABLANCA
PUNJABI
COOKIES
1.3 KG
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
5.99
EACH



CASABLANCA
BASIL DRINKS
290 ML
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.29
EACH



MAGGI TAMARIND OR
HOT & SWEET SAUCE
340 ML
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
3.49
EACH



SURATI
SNACKS
200 x 341 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.49
EACH



NATIONAL
SPICE MIXES
45 x 100 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.49
EACH

SAVOUR THE CARIBBEAN



PAPAYA
PRODUCT OF MEXICO
2.18/KG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
99¢
/LB



SELECT VALLEY
JERK OR
BBQ SEASONED
CHICKEN
DRUMSTICKS
500 G
SELECTED VARIETIES
WHILE QUANTITIES LAST



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
\$5
EACH



GRACE, CASABLANCA OR COOL RUNNING'S
COCONUT WATER, CASABLANCA OR GRACE
COCONUT MILK, VITA MALT DRINK
330 - 520 ML SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
149
EACH



CHUBBY SODAS
250 ML
WHILE QUANTITIES LAST

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
50¢
EACH



HEREFORD LUNCHEON MEAT,
MAPLE LEAF OR GRACE VIENNA SAUSAGE
113 - 320 G SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
167
EACH



DAINTY
SUPER PATNA
OR CEDAR
PARBOILED
RICE
7.8 KG
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
14.99
EACH



GOLD SEAL SARDINES,
BRUNSWICK SARDINES OR FILLETS
92 - 125 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
149
EACH



MAZOLA
VEGETABLE,
CANOLA OR
CORN OIL
1.18 L
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
5.99
EACH



CARNATION
EVAPORATED
MILK
354 ML
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2/\$4



JARRITOS
SODA OR
PICARD'S
CHIP NUTS
370 ML
80 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
167
EACH



GRACE
FESTIVAL
DOUGH
MIX OR
BULACAN
CASSAVA
270 - 454 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.99
EACH



GRACE IRISH
MOSS DRINK OR
SUPLIGEN
BEVERAGE
285 - 300 ML
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.49
EACH



EXCELSIOR CRACKERS,
OVALTINE COOKIES OR KRAS WAFERS
150 - 300 G
GRACE OR MEKONG COFFEE WHITENER
297 - 300 ML SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.99
EACH



RUBICON
DRINKS
1 L
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.49
EACH



COOL RUNNING'S
ARTIFICIAL
EXTRACT,
CONDENSED
MILK OR JAM
150 - 300 ML
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.99
EACH



GRACE
CORN MEAL,
GRACE MACKEREL
OR CALLALOO
GARDEN
VEGETABLE
2 KG/425 - 510 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
3.49
EACH



GRACE
SEASONED
RICE OR
BROWNING
GRAVY
175 G/142 ML
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.99
EACH



RIBENA NECTAR,
GRACE OR
DUNN'S RIVER
ACKEES
540 - 600 ML
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
9.99
EACH

PERSONAL AND BABY CARE **FOR LESS**



PANTENE HAIR CARE
308 - 355 ML
SELECTED VARIETIES

THIS WEEK ONLY **4.49** EACH



ALWAYS SANITARY NAPKINS 20 - 36'S
TAMPAX PEARL TAMPONS 28 - 36'S
SELECTED VARIETIES

LOCKED DOWN **10.99** EACH



SCOPE MOUTHWASH 1 L
ORAL-B TOOTHBRUSH 1'S
SELECTED VARIETIES

LOCKED DOWN **4.99** EACH



OLD SPICE DEODORANT 85 G
SELECTED VARIETIES

THIS WEEK ONLY **4.99** EACH



GARNIER HAIR CARE
370 ML
SELECTED VARIETIES

THIS WEEK ONLY **5.49** EACH



CREST 3D WHITE OR
BURT BEES TOOTHPASTE
95 - 125 ML
SELECTED VARIETIES

LOCKED DOWN **5.99** EACH



LISTERINE MOUTHWASH 1 L
SELECTED VARIETIES

LOCKED DOWN **5.99** EACH



U BY KOTEX LINERS
30 - 96'S
SELECTED VARIETIES

LOCKED DOWN **9.49** EACH



PAMPERS BABY WIPES
168 - 192'S
SELECTED VARIETIES

LOCKED DOWN **7.49** EACH



BOOST MEAL REPLACEMENT
800 G
SELECTED VARIETIES

LOCKED DOWN **15.99** EACH



CLIF BAR ENERGY BARS
5 X 48 G
SELECTED VARIETIES

LOCKED DOWN **7.99** EACH



LARABAR GLUTEN FREE ENERGY BARS
14.7 X 48 G
SELECTED VARIETIES

THIS WEEK ONLY **16.99** EACH



TYLENOL 100'S
SELECTED VARIETIES

LOCKED DOWN **10.99** EACH



JAMIESON VITAMINS OMEGA-3 OR CURCUMIN TURMERIC
90 - 200'S
SELECTED VARIETIES

60 points

LOCKED DOWN **17.99** EACH



JAMIESON MULTI-VITAMINS 115'S
SELECTED VARIETIES

60 points

LOCKED DOWN **19.99** EACH



RXBAR PROTEIN BARS
12'S
SELECTED VARIETIES

LOCKED DOWN **26.99** EACH

QUIT

We can help you quit.
Speak to your pharmacist today.

pharmacy

Available at pharmacy locations only. Visit foodbasics.ca/pharmacy to find a location near you.



ASPIRIN 30'S
ALEVE 24'S
SELECTED VARIETIES

LOCKED DOWN **5.99** EACH



WEBBER B12 VITAMIN
80'S
SELECTED VARIETIES

LOCKED DOWN **10.99** EACH



JAMIESON VITAMIN ZINC OR MAGNESIUM
30 - 100'S
SELECTED VARIETIES

60 points

LOCKED DOWN **12.99** EACH



KALAYA X-STRENGTH PAIN RELIEF MASSAGER
120 G
SELECTED VARIETIES

LOCKED DOWN **15.99** EACH



SESAME STREET MULTI-VITAMINS
180'S
SELECTED VARIETIES

LOCKED DOWN **15.99** EACH



JAMIESON VITAMIN C OR ORGANIC ECHINACEA
100 - 120'S
SELECTED VARIETIES

60 points

LOCKED DOWN **16.99** EACH



VITAL PROTEINS
284 G
SELECTED VARIETIES

LOCKED DOWN **28.99** EACH



VEGA ONE PROTEIN SHAKE
876 G
SELECTED VARIETIES

LOCKED DOWN **47.99** EACH

food Basics\$

CANADIAN AND PROUD



SAVINGS FOR THE WIN AGAIN!



WOW
2024



WOW
2025



dunnhumby
2025

Food Basics ranked first for Price & Promotions performance among grocery retailers in Ontario in the 2024 dunnhumby Retailer Preference Index, a study of customer perceptions and retailer preference conducted among 2,100 respondents in Ontario (6,000 total across Canada) conducted between September 12 and October 20, 2024.

WOW 2024 In-Store Customer Experience Study conducted by Leger among 12,000 Ontarians from October 12 to November 22, 2023.

WOW 2025 In-store customer experience study conducted by Leger among 11,000 Ontarians from October 17 to November 15, 2024.